

Mana Touchstones

01

Whakapapa is the gift from our ancestors, our taonga tuku iho. True wealth is in relationships within and between whānau, between all tāngata, and between all aspects of creation.

04

Mana whenua and **mana moana**. As kaitiaki, Māori always consider the wellbeing of the land and waterways.

05

Mana motuhake refers to freedom and agency. Whānau are autonomous entities who can make their own choices, do things their way, and are respected for their whakapapa.

03

Tipu refers to our pito mata and releasing our unique life potential in this world.

08

Mana mahi refers to the meaningful work that we do to support our deepest aspirations.

07

Mana atua are the spiritual sources that endow life on Earth with dignity, respect, and sovereign authority vested in the whānau.

06

Mana hau is about reciprocity in all things. It manifests through exchanges that strengthen enduring relationships of mutuality and respect.

02

The life principle of **ira tangata** is the gift of being born into this world in an embodied Māori context.